

## SWL Quick Reference ONS Guidance for Dietitian Reference

This guideline should be followed to ensure appropriate prescribing practices across the primary and secondary care interface in line with [South West London Interface Prescribing Policy](#) (section 9), and when requesting the prescription of an ONS in primary care.

### SWL Primary Care ONS Prescribing Criteria

1. High Risk of Malnutrition e.g. MUST  $\geq$  2 [MUST Calculator](#)
  2. \*ACBS Indicated
  3. Food first and homemade nourishing drinks trialled for one month including 'over the counter' supplements
  4. Assess and support regarding the underlying cause of malnutrition
- Patient does not meet criteria for supplement prescription: Recommend food and fluid based strategies and OTC supplements**

### On requesting an ONS Prescription in primary care

**FIRST: Patient meets criteria for ONS prescription: Prescribe Powder ONS**

**SECOND:** If powder ONS is not tolerated or not suitable for the patient, trial a Milkshake Style ONS

**THIRD:** If the patient is unable to complete the ~200ml volume of Milkshake Style ONS prescribe a Compact ONS  
**IF RECOMMENDING AN ALTERNATIVE PRODUCT AIM TO ENSURE IT IS WITHIN THE GREEN SECTION**

**AMBER= ONLY PRESCRIBE IN PRIMARY CARE IF ONS IN GREEN SECTION ARE INAPPROPRIATE**

**RED= ONLY PRESCRIBE IF ONS IN GREEN AND AMBER SECTION ARE INAPPROPRIATE**

### Practical Guidelines to help ensure your patient is prescribed the appropriate product

Provide a written summary of dietetic treatment including identified goals and a review plan

If requesting the GP to review an ONS prescription,

- ✓ provide clear goals of ONS treatment in written communication
- ✓ advice regarding re-screening for risk of malnutrition
- ✓ recommend a suitable ONS from the **GREEN** section unless contraindicated

If an alternative ONS is required, consider prescribing the cost effective ONS within the supplement group **AMBER**

Avoid prescribing products in **RED**

**Secondary care dietitians may utilise the ONS Product Guidance to recommend the trial and prescription of a clinically and cost effective ONS, within the respective product group. For patients not receiving continued dietetic review, this information will support the GP to prescribe in line with SWL Guidelines.**

**This product guidance is available to download from the [SWL internet site](#) including product prices, and will be updated quarterly to reflect product price changes**

**N.B.** This Quick Reference Guidance should be used in conjunction with the full guidelines 'SWL Alliance Guideline: The Identification, Treatment and Management of Malnutrition in Adults, including the Appropriate use of Oral Nutritional Supplements' with particular reference to Section 5 (page 4 and 5 below).

| Product Name   | Price  | Kcal/<br>serve   | Protein(g)<br>/serve | Unit Size                       | Pack<br>Size | Flavours Available              |
|--|--|------------------|----------------------|---------------------------------|--------------|---------------------------------|
| <b>Powdered ONS – For all patients requiring ONS, consider prescribing a powdered ONS first if appropriate ***</b>         |  |                  |                      |                                 |              |                                 |
| <input type="checkbox"/> Foodlink Complete Powder <i>Sachet</i>  | <input type="checkbox"/> £0.60               | 385 <sup>1</sup> | 18.3 <sup>1</sup>    | <input type="checkbox"/> 57g    | 399g         | B, C, S, N, V                   |
| <input type="checkbox"/> Foodlink Complete Powder <i>Tub</i>   | <input type="checkbox"/> £0.55               | 385 <sup>1</sup> | 18.3 <sup>1</sup>    | 28 x 57g (2scoops)              | 1596g        | B, C, S, N, V                   |
| <input type="checkbox"/> Foodlink Complete Powder  | <input type="checkbox"/> £0.60               | 335 <sup>2</sup> | 15.8 <sup>2</sup>    | <input type="checkbox"/> 57g    | 399g         | B, C, S, N, V                   |
| <input type="checkbox"/> AYMES Shake   | <input type="checkbox"/> £0.60               | 386 <sup>1</sup> | 16 <sup>1</sup>      | <input type="checkbox"/> 57g    | 399g         | B, C, S, N, V                   |
| <input type="checkbox"/> AYMES Shake Compact   | <input type="checkbox"/> £0.60               | 316 <sup>2</sup> | 12.6 <sup>2</sup>    | <input type="checkbox"/> 57g    | 399g         | B, C, S, N, V                   |
| <input type="checkbox"/> Complian Shake  | <input type="checkbox"/> £0.70               | 387 <sup>1</sup> | 15.6 <sup>1</sup>    | <input type="checkbox"/> 57g    | 228g         | B, C, S, N, V                   |
| <input type="checkbox"/> Ensure Shake  | <input type="checkbox"/> £0.60               | 389 <sup>1</sup> | 17 <sup>1</sup>      | <input type="checkbox"/> 57g    | 399g         | B, C, S, V                      |
| <input type="checkbox"/> AYMES Shake Extra   | <input type="checkbox"/> £1.96               | 593 <sup>3</sup> | 12.5 <sup>3</sup>    | <input type="checkbox"/> 85g    | 510g         | B, C, S, V                      |
| <input type="checkbox"/> Enshake   | <input type="checkbox"/> £2.45               | 600 <sup>3</sup> | 16 <sup>3</sup>      | <input type="checkbox"/> 96.5g  | 579g         | B, C, S, V                      |
| <input type="checkbox"/> Calshake  | <input type="checkbox"/> £2.63               | 600 <sup>3</sup> | 12 <sup>3</sup>      | <input type="checkbox"/> 87g    | 609g         | B, S, N, V, C                   |
| <input type="checkbox"/> Scandishake   | <input type="checkbox"/> £2.59               | 588 <sup>3</sup> | 12.4 <sup>3</sup>    | <input type="checkbox"/> 85g    | 510g         | B, C, S, N, V, Ca               |
| <b>Milkshake Style – nutritionally complete bottled ONS; if powdered ONS are not suitable</b>                              |  |                  |                      |                                 |              |                                 |
| <input type="checkbox"/> Aymes Complete  | <input type="checkbox"/> £1.11               | 300              | 12                   | <input type="checkbox"/> 200ml  | 800ml        | B, C, S, V                      |
| <input type="checkbox"/> Fortisip Bottle   | <input type="checkbox"/> £1.12               | 330              | 12                   | <input type="checkbox"/> 200ml  | 880ml        | B, C, S, N, V, Ca, O, TF        |
| <input type="checkbox"/> Fresubin Energy   | <input type="checkbox"/> £1.40               | 300              | 11.2                 | <input type="checkbox"/> 200 ml | 800ml        | S, TF, V, C, Co, N, L, Bc       |
| <input type="checkbox"/> AYMES 2.0kcal   | <input type="checkbox"/> £1.60               | 400              | 16                   | <input type="checkbox"/> 200 ml | 800ml        | B, S, V                         |
| <input type="checkbox"/> Ensure Plus Milkshake Style   | <input type="checkbox"/> £1.11               | 330              | 13.8                 | <input type="checkbox"/> 220ml  | 880ml        | B, C, S, N, V, Co, FOF, O, P, R |
| <input type="checkbox"/> Ensure 2kcal  | <input type="checkbox"/> £2.22               | 399              | 16.8                 | <input type="checkbox"/> 220ml  | 880ml        | B, S, N, V                      |
| <input type="checkbox"/> Resource Energy   | <input type="checkbox"/> £2.06               | 300              | 11.2                 | <input type="checkbox"/> 200ml  | 800ml        | A, B, C, Co, S, R, V            |
| <input type="checkbox"/> Fortisip 2kcal  | <input type="checkbox"/> £2.22               | 400              | 20                   | <input type="checkbox"/> 200ml  | 200ml        | V, S                            |
| <input type="checkbox"/> Ensure Liquid   | <input type="checkbox"/> £2.31               | 251              | 10                   | <input type="checkbox"/> 250ml  | 800ml        | Co, Co, V                       |
| <b>Compact Style – low volume/compact nutritionally complete oral nutritional supplements</b>                              |  |                  |                      |                                 |              |                                 |
| <input type="checkbox"/> Altraplen Compact   | <input type="checkbox"/> £1.33               | 300              | 12                   | <input type="checkbox"/> 125ml  | 500ml        | B, C, S V                       |
| <input type="checkbox"/> Fortisip Compact  | <input type="checkbox"/> £1.33               | 300              | 12                   | <input type="checkbox"/> 125ml  | 500ml        | B, C, S, V, FOF, A, Mo          |
| <input type="checkbox"/> Ensure Compact  | <input type="checkbox"/> £1.33               | 300              | 13                   | <input type="checkbox"/> 125ml  | 500ml        | B, S, V                         |
| <b>Juice Style - Patients who do not like or are unable to tolerate milk-based sip feeds. Not nutritionally complete.</b>  |  |                  |                      |                                 |              |                                 |
| <input type="checkbox"/> Ensure Plus Juice   | <input type="checkbox"/> £1.97               | 330              | 10.5                 | <input type="checkbox"/> 220ml  | 880ml        | S, P, O, LL, Ap, FP             |
| <input type="checkbox"/> Fresubin Jucey  | <input type="checkbox"/> £2.01               | 300              | 8                    | <input type="checkbox"/> 200ml  | 800ml        | A, O, C, Bl, Pi                 |
| <input type="checkbox"/> Fortijuice  | <input type="checkbox"/> £2.02               | 300              | 8                    | <input type="checkbox"/> 200ml  | 800ml        | S, Ap, O, L, FoF, TF            |
| <b>Smoothie Style – Powder based (mixed with 250ml water) High CHO content. For patients who dislike milk based ONS***</b> |  |                  |                      |                                 |              |                                 |
| <input type="checkbox"/> AYMES Shake Smoothie  | <input type="checkbox"/> £1.00               | 297 <sup>4</sup> | 10.7 <sup>4</sup>    | <input type="checkbox"/> 66g    | 462g         | Cr, S, P, Pi, M                 |
| <b>High Protein – Patients with increased protein requirements – identified following dietitian assessment</b>             |  |                  |                      |                                 |              |                                 |
| <input type="checkbox"/> Foodlink Complete Powder <sup>1</sup>   | <input type="checkbox"/> £0.60               | 385 <sup>1</sup> | 18.3 <sup>1</sup>    | <input type="checkbox"/> 57     | 399g         | B, C, S, N, V                   |
| <input type="checkbox"/> Foodlink Complete Powder <sup>2</sup>   | <input type="checkbox"/> £0.60               | 335 <sup>2</sup> | 15.8 <sup>2</sup>    | <input type="checkbox"/> 57     | 399g         | B, C, S, N, V                   |
| <input type="checkbox"/> Altraplen Protein   | <input type="checkbox"/> £1.59               | 300              | 20                   | <input type="checkbox"/> 200ml  | 800ml        | S, V                            |
| <input type="checkbox"/> Actagain 2.4 complete Maxi  | <input type="checkbox"/> £1.33               | 480              | 19.2                 | <input type="checkbox"/> 200 ml | 400 ml       | S, V                            |
| <input type="checkbox"/> Fortisip Compact Protein  | <input type="checkbox"/> £2.00               | 300              | 18                   | <input type="checkbox"/> 125ml  | 500ml        | B, S, V, Mo                     |
| <input type="checkbox"/> Fresubin 2kcal Drink  | <input type="checkbox"/> £2.17               | 400              | 20                   | <input type="checkbox"/> 200ml  | 800ml        | N, V, A, Co, L, C, Co           |
| <input type="checkbox"/> Fresubin Protein Energy   | <input type="checkbox"/> £2.15               | 300              | 20                   | <input type="checkbox"/> 200ml  | 800ml        | C, S, V, Co, TF                 |
| <input type="checkbox"/> Fortisip Extra  | <input type="checkbox"/> £2.30               | 320              | 20                   | <input type="checkbox"/> 200ml  | 800ml        | C, S, V, FOF, Mo                |
| <input type="checkbox"/> Fresubin 3.2kcal Drink  | <input type="checkbox"/> £2.35               | 400              | 20                   | <input type="checkbox"/> 125ml  | 500ml        | V, Ca, M, Hazelnut              |
| <input type="checkbox"/> Ensure Plus Advance   | <input type="checkbox"/> £2.08               | 330              | 20                   | <input type="checkbox"/> 220ml  | 880ml        | V, Ch, B                        |
| <b>Fibre Containing - Useful for patients with constipation/requiring fibre supplementation via ONS</b>                    |  |                  |                      |                                 |              |                                 |
| <input type="checkbox"/> Foodlink Complete with Fibre ( <i>with 200ml whole milk</i> )                                     | <input type="checkbox"/> £0.71<br>4.5g fibre | 418              | 18.5                 | <input type="checkbox"/> 63g    | 441g         | V, C, S, B, N                   |
| <input type="checkbox"/> Foodlink Complete with Fibre ( <i>with 125ml whole milk</i> )                                     | <input type="checkbox"/> £0.71<br>4.6g fibre | 348              | 16.1                 | <input type="checkbox"/> 63g    | 441g         | V, C, S, B, N                   |
| <input type="checkbox"/> Resource 2.0 Fibre  | <input type="checkbox"/> £2.02               | 400              | 18                   | <input type="checkbox"/> 200ml  | 800ml        | S, V, A, Co, SF                 |
| <input type="checkbox"/> Fortisip Compact Fibre  | <input type="checkbox"/> £2.09               | 300              | 12                   | <input type="checkbox"/> 125ml  | 500ml        | S, V, Mo                        |
| <input type="checkbox"/> Fresubin 2cal Fibre   | <input type="checkbox"/> £2.17               | 400              | 20                   | <input type="checkbox"/> 200ml  | 800ml        | C, N, V, Co, L, A/P             |
| <input type="checkbox"/> Ensure Plus Fibre   | <input type="checkbox"/> £2.07               | 310              | 13                   | <input type="checkbox"/> 200ml  | 800ml        | B, C, S, V, R                   |
| <input type="checkbox"/> Fresubin Energy Fibre   | <input type="checkbox"/> £2.20               | 300              | 11.2                 | <input type="checkbox"/> 200ml  | 800ml        | B, C, S, V, Ca, C               |

| Semi Solid Dessert – Patients with dysphagia – prescribe following dietetic and SALT recommendations   |          |          |          |                   |       |                            |
|--|----------|----------|----------|-------------------|-------|----------------------------|
| ☐ Nutricrem  | ☐ £1.59  | 225      | 12.5     | ☐ 125g            | 500g  | S, V, C, MC                |
| ☐ AYMES Crème  | ☐ £1.17  | 187.5    | 9.4      | ☐ 125g            | 500g  | V, C                       |
| ☐ Forticreme Complete  | ☐ £1.96  | 200      | 11.9     | ☐ 125g            | 500g  | B, C, V, FoF               |
| ☐ Fresubin 2kcal Crème   | ☐ £2.04  | 250      | 15       | ☐ 125g            | 500g  | C, S, V, Co, Pr            |
| ☐ Fresubin YOcreme   | ☐ £2.11  | 187      | 9.3      | ☐ 125g            | 500g  | L, R, A/P, Bi              |
| ☐ Ensure Plus Crème  | ☐ £1.93  | 171      | 7.1      | ☐ 125g            | 500g  | B, C, N, V                 |
| ☐ Nutilis Fruit Stage 3  | ☐ £2.45  | 206      | 10.5     | ☐ 150g            | 600g  | S, A                       |
| Modified Consistency - Patients with dysphagia – prescribe following dietetic and SALT recommendations |          |          |          |                   |       |                            |
| ☐ Slo Milkshake Stage 1,2*   | ☐ £0.84  | 333      | 24.2     | ☐ 50g (pack of 7) | 350g  | C, S                       |
| ☐ Nutilis Complete Stage 1,2   | ☐ £2.21  | 300      | 12       | ☐ 125ml           | 500ml | S, V                       |
| ☐ Fresubin Thickened Stge1,2   | ☐ £2.35  | 300      | 20       | ☐ 200ml           | 800ml | S, V                       |
| Savoury Style  |          |          |          |                   |       |                            |
| ☐ AYMES Savoury  | ☐ £0.70  | 251      | 9.2      | ☐ 57              | 399g  | Chicken, Vegetable         |
| ☐ Ensure Plus Savoury  | ☐ £1.11  | 330      | 13.8     | ☐ 220ml           | 880ml | Chicken                    |
| ☐ Vitasavoury  | ☐ £2.08  | 300      | 6        | ☐ 50g             | 200g  | Chicken, veg, Leek/P. Mush |
| Yogurt Style - Less sweet, and useful for patients with taste fatigue or taste changes                 |          |          |          |                   |       |                            |
| ☐ Ensure Plus Yogurt   | ☐ £1.11  | 330      | 13.8     | ☐ 220ml           | 880ml | S, P                       |
| ☐ Fresubin YoDrink   | ☐ £1.40  | 300      | 15       | ☐ 200ml           | 800ml | A&P, L, R                  |
| ☐ Fortisip Yogurt  | ☐ £2.14  | 300      | 12       | ☐ 200ml           | 800ml | V/R, P/O                   |
| Specialist ONS   |          |          |          |                   |       |                            |
| ☐ Vital 1.5kcal  | ☐ £3.17  | 330      | 13.5     | ☐ 220ml           | 880ml | Co, MB, V                  |
| ☐ Modulen IBD  | ☐ £16.19 | 500/100g | 18g/100g | variable          | 400g  | N                          |
| Modular ONS – NOT NUTRITIONALLY COMPLETE. ONLY PRESCRIBE IF RECOMMENDED BY DIETITIAN                   |          |          |          |                   |       |                            |
| ☐ Altrashot  | ☐ £2.00  | 140      | 2        | ☐ 40ml            | 120ml | S, V                       |
| ☐ Calogen  | ☐ £4.61  | 135      | 0        | ☐ 30ml            | 200ml | S, N                       |
| ☐ Calogen Extra  | ☐ £4.98  | 160      | 2        | ☐ 40ml            | 200ml | S, N                       |
| ☐ Pro-cal shot   | ☐ £2.54  | 100      | 2        | ☐ 30ml            | 120ml | B, S, N                    |
| ☐ Pro Cal Powder   | ☐ £15.53 | 100      | 2        | ☐ 15g             | 510g  | N                          |
| ☐ Fresubin 5 Cal Shot  | ☐ £2.99  | 150      | 0        | ☐ 30ml            | 120ml | N, L                       |
| ☐ Vitajoule  | ☐ £4.80  | 40       | 0        | ☐ 10g             | 500g  | N                          |
| ☐ ProSource  | ☐ £1.04  | 100      | 10       | ☐ 30ml            | 30ml  | N, O, CB, L                |
| ☐ ProSource Plus   | ☐ £1.49  | 100      | 16.5     | ☐ 30ml            | 30ml  | N, O, CB                   |
| ☐ ProSource Jelly  | ☐ £1.94  | 88.5     | 20       | ☐ 118ml           | 118ml | O, Lime, FP, BI            |

| Flavour Codes for Oral Nutritional Supplements |              |        |                      |      |             |      |                        |
|--|--------------|--------|----------------------|------|-------------|------|------------------------|
| A  | Apricot      | Cr     | Cranberry            | Mo   | Mocha       | R    | Raspberry              |
| Ap   | Apple        | FoF    | Fruits of the Forest | Mush | Mushroom    | R-BI | Raspberry-blackcurrant |
| B  | Banana       | FP     | Fruit Punch          | N    | Neutral     | S    | Strawberry             |
| Bi   | Biscuit      | L      | Lemon                | O    | Orange      | SF   | Summer Fruits          |
| Bl   | Blackcurrant | Leek/P | Leek Aand Potato     | P    | Peach       | To   | Toffee                 |
| C  | Chocolate    | LL     | Lemon Lime           | PCh  | Pear-cherry | TF   | Tropical Fruit         |
| Ca   | Caramel      | M      | Mango                | Pi   | Pineapple   | V    | Vanilla                |
| Co   | Coffee       | Mc     | Mint chocolate       | Pr   | Praline     |      |                        |

**\*\*\*Powdered ONS/OTC supplements contraindications:\*\*\***

<sup>1</sup>when made up with 200ml whole milk, <sup>2</sup>with 125ml whole milk. <sup>3</sup>with 240ml whole milk. <sup>4</sup>when made with 150ml water. Limited dexterity & inability to prepare • Cow's milk allergy or intolerance (check allergen information from company) • Under 6 years • Galactosaemia • Require thickened fluids • Require additional fibre via their ONS • Not suitable for enteral feeding tubes • Patients with renal disease should be assessed by a dietitian prior to prescribing a powdered ONS or taking OTC supplements.

ONS Product Guidance to be utilised in conjunction with full guidelines: South West London Guidelines on the Appropriate Identification, Treatment and Management of Malnutrition in Adults, including the appropriate prescription of Oral Nutritional Supplements. The product Guidance will be updated quarterly to reflect ONS price changes. Contact respective nutritional companies for full information on ONS products. **Review date: January 2019**

## ONS Prescribing Across the Pathways of Care

Guidance provided within this section should be followed to ensure appropriate prescribing practices across the primary and secondary care interface in line with section 9 of the [South West London Interface Prescribing Policy](#) (see below, page 6) and the *SWL Guidelines on the Appropriate Identification, Treatment and Management of Malnutrition in Adults, including the appropriate prescription of Oral Nutritional Supplements*.

### Dietetic Communication

- A dietetic standard discharge letter available to download from the 'Malnutrition Pathway' website includes the below 'Nutrition Prescription Request' box helping to reduce common errors in prescribing outlined above. <http://malnutritionpathway.co.uk/health-resources>
- In addition, the letter supports in providing clear and relevant information regarding:
  - **Goals** of ONS and dietetic intervention
  - **Dietetic treatment summary** including education provided to the patient/carer
  - **Review and monitoring plan**
  - **Additional actions required by the GP**
  - **Assessment of ONS prescribing criteria**
  - **Underlying cause(s) of compromised nutritional status and support provided**
- To ensure the patient receives the appropriate ONS prescription and support the appropriate review and management of the patient's care, **the above information should be clearly communicated to the GP with all ONS prescription requests.**
- **The letter should inform the patient that their ONS prescription may be changed following discharge to primary care.**

| *****NUTRITION PRESCRIPTION REQUEST***** |            |                  |      |                         |                         |                 |                                 |                  |                   |  |
|--|------------|------------------|------|-------------------------|-------------------------|-----------------|---------------------------------|------------------|-------------------|--|
| Name and Manufacturer                    | Flavour    | Volume per serve | Unit | Quantity /serve per day | Total volume per 28days | Volume per pack | No of packs required for 28days | Duration (weeks) | Prescription Type | 'Patient information' for prescription |
| Milkshake bottle<br><b>Manufacturer</b>  | Vanilla    | 200              | ml   | 2                       | 11,200                  | 800             | 14                              | 4                | Acute             | Mid-morning & Mid afternoon            |
| Powder<br><b>Manufacturer</b>            | Strawberry | 57               | g    | 1                       | 1,596                   | 399             | 4                               | 4                | Acute             | Mid-morning                            |

### ONS Prescription Requests on Discharge from Secondary Care

ONS are often prescribed while in hospital and may be included in the transfer of care document (e.g. discharge drug summary or 'to take home' medications). Following discharge to primary care, the need for ONS prescription should be reviewed in line with local guidance and should consider changes in nutritional intake and clinical condition

following discharge. The patient's nutritional status should also be reviewed to ensure an appropriate treatment and management plan is in place.

**Clear communication must be provided to the GP for all ONS prescription requests.**

- **Supplements requested to continue in primary care on FP10 prescription should meet the SWL primary care ONS prescribing criteria.** If the patient does not meet defined criteria, OTC supplements, food first and homemade nourishing drinks should be recommended.
- If the patient meets **ONS prescribing criteria**, the ONS product prescribed should be in line with the SWL primary care ONS Product Guidance. ONS should be prescribed on **an acute 4 week prescription and reviewed prior to continuing the prescription.**
- ONS products in the **AMBER** and **RED** section prescribed during secondary care admission should **only continue post discharge if the patient will remain under dietetic review** or if ONS in the **GREEN** section are contraindicated.
- Ideally, the patient will receive a trial of the ONS prior to changing the prescription. If unable to provide the trial in secondary care advising the GP on a suitable clinically and cost effective ONS to trial in primary care will support the GP prescribing in line with SWL Guidelines. The 'ONS Product Guidance for Dietitians Reference' provides advice on clinically and cost effective ONS available to prescribe within the respective product group.

#### **Promoting Integrated Care**

- To promote the continuum of dietetic care across the pathway, patients requiring continued dietetic input in primary care should be directly referred to the relevant community dietetic team or outpatient clinic by the acute dietitian.
- On discharging a patient and requesting the GP to review the ONS prescription, **written communication should be provided to the GP and include information outlined in section 5.1.** The GP should be provided with advice to support in reviewing the patient's malnutrition risk (e.g. re-screening) and actions to take should precipitating concerns increase following discharge (e.g. re-referral to dietetics as appropriate).

**South West London Alliance Interface Prescribing Guidelines****Section 9: Dressings, Appliances, Enteral Feeds and Glucose Monitoring Strips**

- 9.2 Suitable local arrangements should be in place for the supply of dressings, appliances and enteral feeds. A minimum of 7 days supply should be provided. Sufficient information about a patient's dressing, appliance and enteral feed treatment, preferably in the form of a care plan as part of the discharge summary, should be provided to ensure continuity of care in the community (see also section 6.2 regarding communication with GPs).
- 9.3 Providers must ensure that measures are in place to ensure that all patients discharged on oral nutritional supplements (ONS) have:
- properly assessed as needing ONS during any episode of care and on discharge
  - have a Nutritional Management Plan sent to the GP and other relevant healthcare professionals / carers which includes:
    - ✓ the reason for using ONS (including MUST score)
    - ✓ whether any further supplies are needed once the provider's supply runs out
    - ✓ a future follow up plan including targets and review dates
    - ✓ been changed to the most cost-effective product for primary care on discharge. Note that SWL CCGs intend to work with SWL Trusts to ensure that preferred formulary products in primary care will be available to the Trust for suitable patients on discharge.
- 9.4 Providers should not request GPs to prescribe dressings/ appliances and enteral feeds outside of the CCG agreed formulary/guidance where available.
- 9.5 No arrangements should be made by the provider with appliance contractors for ongoing supplies of dressings or appliances in the community without involving patients in the decision about where and how their further supplies are obtained.